

The Upside of Trust, Civility and Respect in the Workplace

AGENDA

The study of Organizational Positive Scholarship, Leadership, and Neuroscience, have all contributed to a deeper understanding of the importance of trust, respect, and civility in the workplace. Trust is what makes us feel understood. It's what allows work groups to get along and it supports our belief in people, organizations, and causes. In the fast paced and complex environment of a law firm, respect, civility, and trust are critical foundations for an efficient, successful, and results driven team. Disrespectful behavior is disruptive at best and can lead to significant stress, anxiety, and depression for an individual and often one's coworkers.

This session highlights 8 best-practice foundations of a positive organization with corresponding research findings. Small groups work together to discuss what they know, how they apply these practices, and ideas for successful implementation going forward. Topics covered include engagement, communication, the impact of unconscious bias and why positive interpersonal relationships are good for business. Additionally, discussion will focus on how to build, repair and maintain these foundations on an ongoing basis.

In this session participants will:

- Understand the meaning and role of trust and respect in the workplace
- Discuss 8 qualities that are foundational to a "Positive Organization."
- Know how incivility can impact one's physical and mental health
- Apply techniques to rebuild trust when there is a problem or misunderstanding
- Identify an action plan to develop and/or sustain behaviours that foster and support trust, respect and civility in the workplace

*CPD (ON): This program contains 1 hour and 30 minutes of EDI Professionalism Content by the Law Society of Ontario

For more information on this workshop call us at 416-999-9178
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